## VERNON CASTLE HIMSELF TELLS YOU TO DO "THE CASTLE WALK," HIS DANCE! \*

Most Famous of Restaurant Dancers Describes for Our Readers His Greatest Success, as Danced by His and His Lovely Wife.



(Editor's Note-Mr. and Mrs. Ver- little about it to describe. You see, resting the weight either on the heel non Castle, America's greatest expon- it is nothing but a walk! A walk, or toe. It is possible to continue this ents of artistic dancing, have been though, done as easily and with as spin for many seconds if you hold drawing rounds of enthusiastic ap- little effort as possible. plause this winter in New York and The most essential thing in dancing In conclusion, I insist that you must Chicago restaurants for their charm- is to be happy-or at least to dance not sway from side to side, either with

how to dance the various new dances gracefully.)

BY VERNON CASTLE.

(Copyright, 1913, by the Newspaper Enterprise Association.) Ordinarily one of the hardest things in the world to do is to explain a dance on paper. But my "Castle

Walk" is simple and there is very

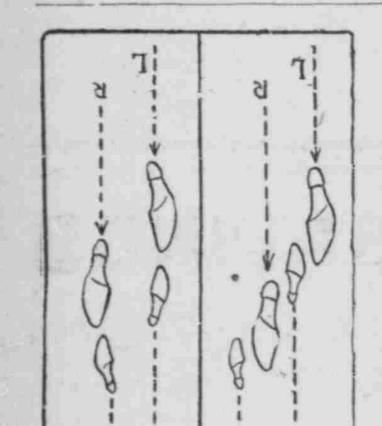


Figure 1 shows correct way to do "Castle Walk"-the way by which you tread on your partner's toes; Home Phone 8586.

especially for this paper by Vernon Castle and Mrs. Castle.

ing dance-steps. The Castle Walk is happily. Do not stiffen the body at the shoulders or the hips, during this one of their greatest successes, and all, but be perfectly natural and listen dance. If you will be careful to avoid Vernon Castle himself has described to the music, which, if it has any sort these faults and will give yourself it especially for readers of the News- of swing at all, will make you feel like wholly up to the rythm of the music, Times in the following article, in walking gracefully in time to it. Hold you will soon become an adept in the which he gives also some advice on your partner snugly, but not tightly, Castle Walk.

Vernon Castle

nearly touching the floor.

Our dance, of course, would be

monotonous, if you walked all the time. You can vary it by spinning

around now and then when you find a convenient spot on the floor. In do-

ing this each dancer must keep one foot on the floor to use as a pivot,

each other closely and have your feet

placed properly at the start.

SOUTH WARREN.

Mrs. Mary Mikesell is very ill with Bright's disease.

Earl Miliken spent a few days this week with George Morse and family. Elmer Mikesell of Michigan City

is visiting with his mother, also Mrs. Ira Mikesell of South Bend. Leen Gerten was in South Bend Saturday on business. Mrs. Victor Lundquist from the west is visiting his brother, Ed.

Lundquist and family. Charles Teidge and son, Charles, ir., of South Bend visited George Morse and family one day last week. Shop, Max Adler & Co.-Advt,

### WALNUT GROVE.

Mr. and Mrs. J. H. Lydick were guests of Mr. and Mrs. E. A. Fink

Mr. and Mrs. Fred Feasenhizer were guests of Mr. and Mrs. Charles Dietrich Thanksgiving. on the Slick farm this week.

Mr. and Mrs. Robbins have moved Mrs. I. W. Lydick is improving

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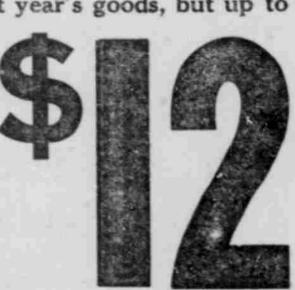
### GEO. T. THORWARD

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# Alex Kazan, of South Bend Wrestler Wins Sudden Fame

the rise to prominence of Alex Kazan of South Bend, Ind., as a mat star of the first magnitude. One month ago Kazan was an unknown. To-day he is feared by time in the locker room of the gymnasium. His discovery was made at the Chicago Athletic association, where he appeared as a Tartar against Henry Wirth. About a month ago Joe Becker, former turner middle weight champion wrestler who umpires in the minor baseball leagues | an angry flash in his eye. in the summer time, came into sporting circles with the startling information that

square wrestling the sporting men forth- defeat. with sat up and paid attention. Wrestler at Cornell Square.

Knowing Becker to be a reliable fellow

who loves the mat game, who has boosted

he had uncovered a sure mat star.

man is obliged to lead and must naturally be able to see where he is going. Another reason is that women look more graceful as they dance look more graceful as they backward than when dancing forward wrestler of his class," added Becker,

Enters Hie Pretege at C. A. A. grace than for a woman to tilt forward tions to establish professional champion- bers as well as to Wirth. as she dances.

I want to insist on this point. The dancers should always stand upright—not stiffly, but naturally erect. This is the only way to obtain the correct balance which is so necessary to balance which is so necessary to graceful dancing.

The ships in the mat game as exist in boxing, Proceeding on this advice, Becker visited the C. A. A. officials and told them his story about his alleged "find." Kazan was jumping out of a double leg hold, the first bout was called the material to year them to ships in the material processional champion-bers as well as to Wirth.

After half an hour of grueling work, in which Wirth was injured by being kicked in the face as Kazan was jumping out of a double leg hold, the first bout was called them his advice. Becker visited the C. A. A. officials and told them his story about his alleged "find." Kazan was matched with Henry Wirth of Chicaled a draw. Wirth, who had taken on Kazan was pumping out of the dancers of the control of the best light weight wrestlers and aspirant for the weights, demanded that he be in the face as Kazan was jumping out of a double leg hold, the first bout was called them his story about his alleged "find." Kazan was jumping out of a double leg hold, the first bout was called them his advice. Becker visited the C. A. A. officials and told them his story about his alleged "find." Kazan was jumping out of a double leg hold, the first bout was called them his in the face as Kazan was jumping out of a double leg hold, the first bout was called them his in the face as Kazan was jumping out of a double leg hold, the first bout was called them his in the face as Kazan was jumping out of a double leg hold, the first bout was called them his in the face as Kazan was jumping out of a double leg hold, the first bout was called them his in the face as Kazan was jumping out of a double leg hold, the first bout was called them his a double leg hold, the first bout was called them his in the face as Kazan was jumping out of a double leg hold, the first bout w sible to stand close to your partner ing into the game as a prospective quali- limit of 135 pounds. with perfect propriety. In the second fler for title honors. The match was set place, the attempt to stand far away of with most eliminated as is usual

CHICAGO, Dec. 5.—This is the story of best battles of the early season, but they he rise to prominence of Alex Kazan of didn't realize it until the bouts were on. Wirth Does Fatherly Turn.

Nov. 22 Kazan and Wirth met for the first all the light weight wrestlers in America. Wirth evidently felt pangs from the ranks of the amateurs.

addressing Kazan.

The battle that followed was one of the best seen in the history of these elimina-The information was imparted that this tions. Wirth, whirlwind in his class, went the toes, or ball of the feet, with a unknown had been wrestling for several in to finish his opponent in quick order months at Cornell Square, that he had He tried every trick known to modern may shown great prowess and had scared all science, but to his dismay the popular Contrary to the usual custom, it is the amateurs, who were a bit leary about light weight soon discovered he had buttthe man who should walk forward for going on with him for impromptu bouts. ed into a Tartar. Hammerlocks, hendlocks several reasons. The first is that it is Becker said he had taken in interest in the double nelsons, barlocks and other holds much easier to walk forward grace- stranger and had tutored him in the fine were tried in vain by the fellow who hopes fully, and men as a rule do not dance points of the game.

This fellow's name is Kazan and he come day to win the world's light weight some day to win the world's light weight duties as the first and second female lin, to me well known and made oath as gracefully as women. Again, the isn't afraid of any fellow in the world of seemed imbued with surprising confidence long and must not be seemed imbued with surprising confidence. In the world isn't afraid of any fellow in the world.

were applauded frequently. C. A. A. mem- little at first. The tailor promised bers stood up to watch the battle and that her suit would be ready Saturday. Becker was advised to enter his protege cheer the contestants. Kazan's great ento lean the way they are going, and I in the C. A. A. tournament where the Ath- durance and knowledge of the game were know of nothing more lacking in letic committee is holding annual competi- a surprise to the officials and club mem-

world's championship. This seemed like Becke tipped the scales at 143 pounds while store your household goods in a clean In the first place, it is quite pos- tough picking for a "novice," just break- Wirth was safely under the light weight

How Wirth Became Cautious. When the battle was renewed after an al with most elimination bouts was placed interval of rest Wirth played a more caufrom him is a sure way to get your in one of the prelimination bouts was placed interval of rest with played a more cautious game. He fought his man as though members were to be treated to one of the meeting a wrestler of his own class., Ka-

zan, spurred on by his success in gaining ONE-HALF BOTTLE OF THE recognition, sped up and went after his opponent hammer and tongs. The hout ended in a draw with both wrestlers bat-tling hard. Kazan by his showing has become a candidate for welter weight hon-ors, and in case he can make the light weight limit will cause several leading as-pirants trouble, think C. A. A. members who saw these bouts.

WILLIE SMITH STILL ON JOB Just before the bouts on the evening of American Golfer Bobs Up at Mexican Country Club,

some mishap had befallen him.

#### FIRST WORLD'S "BELLE HOPS" BEGIN NEW JOBS

CHICAGO, Dec. 5 .- Elizabeth Hall and Lena Douglas Friday began their

The three girls wil answer bells in the hotel LaSalle, just as male "hops" have answered them for years, but

modern storage at small cost.

JERRY MOORE.

Advertisement | drug stores.

# GREAT KIDNEY REMEDY ACCOMPLISHES RESULT

When I sent for a sample bottle of Swamp-Root, I was in great distress day and night. Before I received sample by mail, I went to our best doctor (and he is second to none in this vicinity) and told him how I felt. He put me up a bottle of medicine. I was about a week taking the medicine, but was no better than when I "How long do you want me to let you an epidemic of disease. Garbage is began. I then began your sample stay," said Wirth in a fatherly manner, Smith, the American golfer, has not bottle, and before I got through with disappeared, as reports from the Unit- it, I felt a change. The scalding sen-"How long do you want me to let you ed States seem to indicate, but is en- sation did not bother only a few times stay?" was Kazan's instant rejoinder, with gaged in his daily tasks as profession- in the middle of the day. I would gaged in his daily tasks as profession- in the middle of the day. I would al at the Mexican Country club just not have believed such a small quan-Is Jolt for Near Champion

al at the Mexican Country club just not have believed such a small quantile was a jolt to Wirth, who politely outside Mexico City. Smith, who was tity would have done so much, but beinformed the mysterious stranger he would once national open champion of the fore it was gone I learned that our "get his" when his two shoulders kissed U. S., was rather amused than other- druggist kept Dr. Kilmer's Swampthe mat, and he would give him a quick wise, when informed that his friends Root and so got a large bottle for across the border were fearful that, one-dollar but actually worth one hundred dollars. I only took one large tablespoonful three times a day and before I had taken one-half bottle I was all right and have been since.

Gratefully yours, GEORGE S, CHAMPLIN,

Ashaway, R. I.

E. R. Allen, Notary Public.

Letter to Dr. Kilmer & Co. Binghamton, N.Y.

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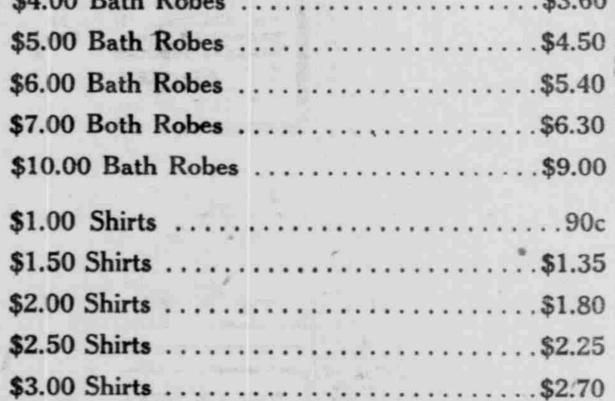
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